

ELDER ABUSE: SEXUAL ABUSE

What is sexual abuse?

Sexual abuse occurs when someone is forced, manipulated, or tricked into unwanted sexual activities.

It is critical to find appropriate support to ensure the safety of the victim.

Signs of sexual abuse

- Human bite marks
- Unexplained STI or incontinence
- Worry or anxiety surrounding visits with a specific person or people
- Injury or trauma, such as bruising, swelling, or bleeding, around someone's mouth, genitalia, rectum, or chest

Behaviours of sexual abuse

- Enforcing nudity
- Rape and sexual assault
- Unwanted exposure to pornography
- Non-consensual sexual contact or language
- Making someone feel uncomfortable about their body, sexuality, or gender
- Cleaning or treating someone's genitalia area roughly or inappropriately

What to do if you or a loved one are experiencing elder sexual abuse

1. Reach out

There is no shame in asking for help. You can ring the **Senior Relationship Services (SRS)** at **1300 062 232**.

2. Organise a confidential discussion

Our qualified, experienced staff can help you explore your concerns in a safe environment.

3. Make a plan

SRS will support you in moving forward, including safety plans, legal advice, counselling, mediation, case management, and external referrals.

4. Check in regularly

Whether it's yourself or a loved one, we all need to continuously make sure someone is okay when they have experienced abuse.



1300 062 232



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